

Physicians in Philanthropy

SAINT FRANCIS HOSPITAL AND MEDICAL CENTER | MOUNT SINAI REHABILITATION HOSPITAL | JOHNSON MEMORIAL HOSPITAL

Dear Colleagues,

National Doctors' Day, celebrated on March 30, 2018, is an opportunity to recognize the contributions of all of our physicians whose commitment to extraordinary patient care is unwavering. We applaud and recognize the pivotal role our physicians play in caring for our community, promoting healthy lifestyles, advancing medicine and portraying our mission.

We are grateful to a medical team that tirelessly serves our patients and their families with excellence and care. Each day our physicians demonstrate a level of compassion and commitment that is truly commendable. As we reflect upon the past year of accomplishments, your fingerprints are found on each success. For that and for your dedication, we truly appreciate your gifts, your talents, and your commitment to the community we serve.

Our physicians play a vital role in helping us achieve extraordinary patient care. Funds generated from philanthropic support are essential to our mission. Did you know that most of our gifts come from grateful patients and their families as an expression of gratitude for exceptional care? In this edition of *Physicians in Philanthropy*, we would like to recognize and honor two **Physician Champions** whose commitment to philanthropy led to two transformational gifts. Congratulations Michael Grey, M.D. and Walter Trymbulak, M.D., Ph.D. for your amazing efforts. We invite you to read about their stories below. In addition, we want to take a moment to recognize all of the physicians who have invested in our hospitals by making a gift to support our mission. Your gifts help make miracles happen every day.

Happy Doctors' Day



John F. Rodis, M.D., M.B.A.
President
Saint Francis Hospital and Medical Center



Lynn B. Rossini
Vice President and Chief Development Officer
Saint Francis Foundation



PHYSICIAN CHAMPIONS

Vicevich Multi-Specialty Pavilion and Lupus Center Becomes a Reality

We are honored to recognize Michael R. Grey, M.D., chair of the department of medicine, Saint Francis Hospital and Medical Center as one of our distinguished

Physician Champions.

Dr. Grey was born and raised in Woodbridge, Connecticut, and he is a graduate of Harvard University and UConn School of Medicine. Dr. Grey joined Saint Francis in 2016 but his relationship began in 1983 as a third year medical student when he did his first clinical rotation in medicine and also a surgery clerkship.



Jim Vicevich and Michael R. Grey, M.D.

As chair, Dr. Grey is focused on recruiting talented new physicians and APRNs/physician assistants and creating a sustainable work environment so existing talent can be retained. He considers himself a teacher at heart, loves being a mentor to his more youthful colleagues, and basks in the reflected glory of their successes. He is also "a real doctor" caring for patients daily to the delight of his mother.

As a **Physician Champion**, Dr. Grey recognizes the vital role philanthropy plays in advancing the lifesaving services our community needs now and in the years ahead.

One of his grateful patients, Jim Vicevich, recognized the need to establish a more comprehensive approach to complex rheumatic diseases. Jim's sister, Barbara Vicevich, made a very significant 7-figure gift to Saint Francis in honor of their beloved mother Margery. Their generosity is going to allow us to create the *Vicevich Multi-Specialty Pavilion and Lupus Center*, a regional and national referral center for complex rheumatic disease and other serious and diagnostically challenging medical conditions.

Miracles XXIX Beneficiary 2018
Vicevich Multi-Specialty Pavilion and Lupus Center

Saint Francis is a very special place to Dr. Grey. He said, "We don't just talk about our mission, it is embedded in our DNA. It is rare in today's health care market to find a faith-based, mission-driven organization and I think it matters to our patients, our communities and to our success." He is certainly representing our mission well and passing it on to the next generation. Thank you, Dr. Grey for your leadership and support.

W.K. Kellogg Foundation Awards Saint Francis \$2.1M

Physician Champion, Walter "Chip" Trymbulak, Jr., M.D., Ph.D., is board certified in obstetrics and gynecology and serves as the Vice Chairman, Women and Infants Service Line, Director of Grants and Special Programs and helps oversee The Center for Women's Health at Saint Francis — our ob/gyn clinic. His M.D. and Ph.D. were earned at the University of Connecticut and he has been with Saint Francis since 2004. Dr. Trymbulak and his team have created an "obstetrics home" — a one-stop clinic where women's medical, social services, behavioral health and nutritional needs are met by the multi-disciplinary staff at the Center.

Four years ago, Dr. Trymbulak and the Foundation teamed up to apply for a grant from the W.K. Kellogg Foundation (WKKF). One of the largest independent, private foundations in the United States, WKKF is guided by the belief that all children should have an equal opportunity to thrive. Dr. Trymbulak felt they would be a perfect match for a program he wanted to implement at the Center, "Breastfeeding: Heritage and Pride" (BHP). He was correct, and WKKF awarded Saint Francis its first grant of \$498,980.

The program, in conjunction with the Hispanic Health Council, works with low-income women and peer counselors to increase breastfeeding rates within our community. Studies have shown that breast milk offers children lifelong health benefits such as fewer cases of ear infections, gastrointestinal problems, Sudden Infant Death Syndrome, asthma, and weight issues, which all result in fewer hospital visits. This program has been so successful that Saint Francis was awarded its second grant of \$2,082,631 to replicate the program at all Trinity Health Of New England hospitals and across a Trinity Health 40-hospital maternity care network. For this, Dr. Trymbulak has definitely earned the title of **Physician Champion**.



Mark A. O'Donnell, Ph.D., manager, state and federal grants, Saint Francis Foundation, (SFF); Amy Griffin Buzzell, M.B.A., director of operations, SFF; Dr. Walter Trymbulak; Grace Damio, Hispanic Health Council; Lynn B. Rossini, vice president and chief development officer, SFF; Dr. Vijaya Hogan, WKKF; and, Dr. Rafael Perez-Escamilla, Yale University School of Public Health

Caring for one generation, sometimes two, at a time.

Once a New Englander, always a New Englander. Anne Massucco, M.D., grew up in Vermont attending the University of Vermont for both college and medical school. Before starting medical school, Dr. Massucco did an internship in Dietetics at the University of Minnesota Hospital in Minneapolis. She worked as a registered dietitian for two years before going back to Vermont and medical school.

In 1983, she came to Saint Francis to do an internship and residency program in OB-GYN and remained. She joined a group practice and has been with them for over 20 years. Dr. Massucco feels that Saint Francis has been a wonderful place for her because it is filled with dedicated, caring individuals who strive to provide excellent care. As she reflects on her experience, she feels privileged to provide care to thousands of women and, for many, their daughters as well.

Dr. Massucco was elected and currently serves as the first female president of the Medical Staff. In that role, one of her main goals is to engage more physicians to participate and give back to Saint Francis. She has enjoyed a very rewarding and fulfilling career here and the decision to invest \$10,000 in the Hope & Healing Campaign was an easy one for her.



Dr. Massucco with her beloved dog.

Johnson Memorial Hospital Medical Staff Awards \$135,000 in Scholarships

In 2004, the Johnson Medical Staff Scholarship Program was established. The scholarships are made possible through the generosity of our physicians and the support of the JMH Golf Classic. Since its inception, more than 135 scholarships have been awarded, totaling \$135,000.

There are a variety of scholarship categories including awards for high school seniors from Ellington, Enfield, Somers, Stafford and Tolland. In addition, scholarships are provided to colleagues and volunteers of JMH. Each year the recipients and their families are honored at a reception prior to a medical staff meeting.

Robert Dudek, M.D., president, JMH Medical Staff, offers his sincerest thanks to the medical staff for their continued support of this worthy initiative. The program continues to maintain and strengthen the hospital's relationships with the communities it serves and to benefit the next generation. The medical staff is honored to give back to those whose hard work and dedication make JMH flourish. The Foundation is deeply grateful to Dr. Dudek and his team for their commitment to caring for others.



Robert Dudek, M.D. with Calvin Wentworth, a 2017 scholarship recipient.

Thank you to our physicians for their generous support.

The following individuals contributed a gift since January 1, 2017.

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